

“Thank you”
for 30
Wonderful Years!



2017 RESULTS BOOK



Athletes from all states compete in the San Diego Senior Games



SAN DIEGO SENIOR GAMES ASSOCIATION · SAN DIEGO, CA

2017 Official Results

WE ARE SO PROUD OF YOU!

We are so proud of every single athlete who participated in this year's *San Diego Senior Games*.

Ian Reid set the world record in the 90+ men's discus throw; 70-year Vivian Stancil participated in swimming, not letting diabetes and vision loss slow her down; and the 85+ *Splash* women's basketball team showed they still got game.

You continue to show us the Games are about so much more than just the sports. They're about the life-changing personal journeys that inspire us all!

THANK YOU SPONSORS AND PARTNERS!

HUGE thanks to our amazing Sponsors and Partners for giving our athletes the opportunity to compete in the sports they love.

Thanks to your generous contribution, thousands of 50+ men and women can experience the joy of achieving a personal best, the fun of making new friends, and memories that will last a lifetime.

OUR VOLUNTEERS ROCK!

We truly couldn't do what we do without you. Whether for a sporting event or office help, you rock our world!

Please join us again for 2018. Or, if you're reading this and want to learn how you can volunteer and join the fun, visit:

SDSeniorGames.org/Volunteer.

OUR NEXT 30 YEARS!

Thank you for making this year's 30th Anniversary Celebration such a wonderful success. We may have come from humble origins, but we've always had big dreams.

Now, as we look forward to making the next 30 years even bigger and better, we are excited about expanding the Games and our year-round programs to help even more 50+ San Diegans stay active and healthy well into their 80's and beyond!

YEAR-ROUND FUN IN 2018!

The San Diego Senior Games Association is continuing to expand its programs in 2018. Get ready for the 3rd Annual Spring Golf Tournament, our brand new sport, Stand Up Paddleboarding, and many more fun opportunities ahead.

Learn more at: **SDSeniorGames.org**

WELCOME NEW BOARD MEMBERS!

Please welcome Suzie Korth and Rick Morrissey to the SDSGA Board of Directors! Both are lifelong athletes who have discovered the wonderful world of senior sports.

Suzie is a CPA who carves time out of her busy schedule to cycle. She's also an avid Stand Up Paddler and is taking up basketball again. Rick is a retired biochemist who caught Pickleball fever. Keep an eye out for them both on the courts!



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 Park and Recreation Department

front porch
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In some states plans may be available to persons under age 65 who are eligible for Medicare by reason of disability or End-Stage Renal Disease.

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THESE PLANS HAVE ELIGIBILITY REQUIREMENTS, EXCLUSIONS AND LIMITATIONS. FOR COSTS AND COMPLETE DETAILS (INCLUDING OUTLINES OF COVERAGE), CALL A LICENSED INSURANCE AGENT/PRODUCER AT THE TOLL-FREE NUMBER SHOWN.

I threw away the rulebook a long time ago.

front porch

We each have our own unique story. And we're ready to embrace new adventures. Wherever you're coming from, whatever you'd like to explore next, there's a Front Porch community to call home. A place where you can be exactly who you are.

Front Porch retirement communities.



Carlsbad By The Sea
Carlsbad, CA
800-255-1556
carlsbadbythesea.org

Fredericka Manor
Chula Vista, CA
800-310-4696
frederickamanor.org

Casa de Mañana
La Jolla, CA
800-959-7010
casademanana.org

Wesley Palms
San Diego, CA
858-274-4110
wesleypalms.org

Meet the neighbors. Find your future Front Porch retirement community.



All communities are licensed in California



2017 SDSGA RESULTS

BASKETBALL - MEN

September 23, 2017
Balboa Park Municipal Gym, San Diego
Commissioner: Jerry Sullivan



TEAM- 3 on 3

50-54

GOLD - L.A DREW

Lionel Boyce
Vernon Carter
Sean Phillips
Robert Mullins
Paul Weakley

SILVER - BLUE KNIGHTS

Ed Palmer
Ed Hayes
Eric Moore
Anthony Jackson
Art Espino
Carl Worrell

BRONZE - PLAN B

Bill Murray
Larry Harbinaux
Jarod Ikeda
Tyson Ikeda
Brian Riley
Royal Sprague
Gordon Liu

55-59

GOLD - HERROD DENTAL

Scott Herrod
John Garwood
Randy Adams
Ron Porter
Rob Straugh
Dirk Oliver
Randy Zickert

60-64

GOLD - THE DREW

Alvin Wills
Jeffrey Calhoun
Stan Dill
George Hall
Wayne Morris
Mike Martin

SILVER - CAPO CLASSICS BLUE

Darrell Cavanaugh
Jack Hagblom
Craig Harberts
Cary Redfearn
Chuck Woolard
Jud Wood

BRONZE - CAPO BLUE

Chuck Woolard
Steve Bukich
Hadi Fakouri
Kerry Fennell
Rick Kinder
Bruce Loman
Rawleigh Massey
Thomas McGill

65-69

GOLD - OAKLAND'S FINEST

Robert Scotlan
James Payne
Ron McMillan
Horace Williams
Glenn Wafer
Stephen Fiske

SILVER - DREW BUCKETS

Stephen Martin
Tom Cruz
James Halverson
Ross Kurland
Jesse Pike
Dennis Lauck

70-74

GOLD - WILD CARDS

Bill Darnell
Warren Schneider
Kris Widdison
Jerry Kenny
Thomas Beadle
Hank Samaripa
Bob Lockovich

75-79

GOLD - KAL KATS

Fred DeSanto
Al Richardson
Mike Hair
John Winfield
Roland Bynum
David Staten

SILVER - VAGABONDS

Al Steele
Howard Stalneckner
Bob Trout
Jim Arena
Jerry Sullivan

Individual - Free Throws

50-54

GOLD - Royal Sprague - 17 of 25
SILVER - Bill Murray - 16-Of 25
BRONZE - Brian Riley - 12 of 25

Individual - Free Throws

55-59

GOLD - Scott Herron - 21 of 25
SILVER - Robert Straugh - 20 of 25

60-64

GOLD - James Pauley - 25 of 25
SILVER - Lou Grande - 11 of 25

65-69

GOLD - Robert Otto - 22 of 25
SILVER - Curtis Royal - 16 of 25
BRONZE - Ross Kurland - 12 of 25

70-74

GOLD - Steve Fiske - 21 of 25
SILVER - Bill Darnell - 20 of 25
SILVER - Thomas Beadle - 20 of 25

75-80

GOLD - Fred DeSanto - 16 of 25

Individual - Hot Shots

50-54

GOLD - Jared Ikeda -33 points

55-59

GOLD - Robert Straugh - 50 points
SILVER - Scott Herron -38 points

60-64

GOLD - James Pauley - 53 points
SILVER - Lou Grande - 20 points

65-69

GOLD - Bob Otto - 32 points
GOLD - Curtis Royal - 32 points
SILVER - Ross Kurland - 25 points

70-74

GOLD - Thomas Beadle - 35 points

75-79

GOLD - Fred DeSanto - 25 points

Individual - 3 Point

55-59

GOLD - Robert Straugh - 8
SILVER - Scott Herron - 4

60-64

GOLD - James Pauley - 12

65-69

GOLD - Curtis Royal - 7
SILVER - Bob Otto - 6

70-74

GOLD - Thomas Beadle - 8

75-80

GOLD - Fred DeSanto - 8

2017 SDSGA RESULTS

WOMEN'S BASKETBALL

August 16-17, 2017
Corky's Gymnasium, San Marcos
Commissioner: Di Meredith and
Sheri Vandeventer



Women's 3 on 3

40+

Gold - Game of Three's

Marissa Frial
Sheila Witt
Joh Oakley
Oma Soto
Margie Englis
Allison Rush
Le Ngo

45+

Gold - Seabyrds

Penny Moore
Dori O'Rourke
Diana Meredith
Judy Wonders
Ramirez Marie
Laurie Byrd
Laura Hennequin
Lisa Hamel

45+

Silver - Zips

Marcella Nino
Jane Emkes
Karen Walsh
Sue Pearce
Karla Bejos

50+

Gold - Swish

Kira Anthofer
Denise Feldhaus
Sylvia Maas
Jacqueline Tonnaer

50+

Gold - Old Beaches

Joan Loucraft
Lori Powers
Sheri Harder
Lisa Bassi
Lori Donigan
Char Geary

Continued...

Barbara Campbell
Kimberly Nutter
Jennifer Young
Denice Feldhaus

50+

Silver - Friends

Irene Cabrera
Gabriela Gallardo
Lucia Castaneda
Margarita Pinedo
Nidia Angulo
Maria Ade Zambrano
Sandra Juarez
Margarita Rivera
Erendira Rodriguez de Carrales

55+

Gold - Hoop Harmony

Judy Marcelline
Louise Smith
Linda Hoover
Johanna Fontenot
Lorie Zuczek

55+

Silver - Old Beaches 55

Kelley Fraser
Sharron Sanchez
Diane Higgs
Cindy Pottle
Nan Fowler

60+

Gold - Half Fast

Linda Zaniboni
Katy Wright
Linda Cord
Nancy Nerenberg
Alma Galvin
Vienna Kaiser
Cindy Simonian
Cherri Gase

60+

Silver - Triple Threat

Patricia Bull
Lynn Bloom
Paula Konoske
Patricia Wlodarczyk

60+

Bronze - Let's Do This!

Mary Thompson
Teena Parduhn
Cathy Fitzgerald
Kathy Morrissey
Yaeko Sunada
Sheri Vandeventer

65+

Gold - Shooters

Marjorie Seybold
Vicky Gallagher
Christine Elliott
Carol Brownlee

65+

Silver - Renegades

Maureen Knight
Carol Whaley
Cheryl Rogers
Ann Nielsen
Easty Law

65+

Bronze - New Mexico Dusters

Edna Casman
Patricia Rivera
Shirley Wynn
Evelyn Pauley
Kathy Gerjets
Lou Ann Shafer
Courtney McBride

70+

Gold - San Diego Suns

Keri Gloyner
Vonna Cummins
Lynn Daniel
Jeanne Herlihy
Lynnea Seidlinger
Joyce Karel
Geri Hahn

70+

Silver -

New Mexico Canyon Net Coyotes

Charlene Hernandez
Teresa Blythe
Elsie Barber
Vicky Dalby
Ona Porter
Maria (Helen) Chavez
Christine Hayward
Mary Jane Solano
Bertha Martinez

*Only Dr. Marge did the skills shooting
Gold in the Hot Shot and
Free Throws for 75+*

2017 SDSGA RESULTS

BILLIARDS

September 9 -10, 2017
On Cue Billiards, La Mesa
Commissioner: William Woodcock



8 Ball and 9 Ball

Gold - 65

Charles Wilburn

GOLD - 75

Robert Muldew

GOLD - 80

Roger Cunniff

GOLD - 85

John Witt

BOWLING

September 23-24, 2017
Kearney Mesa Bowl, Kearney Mesa
Bowling Commissioner: TBA



MENS AND WOMEN

9/23/17 - Singles

50 to 54 Age Bracket

John Callanan 351 - Gold

55 to 59 Age Bracket

Chris Crawford 336 - Gold
Barbara Wallace 331 - Silver

60 to 64 Age Bracket

John Rowland - M 506 - Gold
Grace Tiu -F 493 - Gold

65 to 69 Men's Age Bracket

Michael Bodien 576 - Gold
Richard Beaumont 517 - Silver
Jim Hurley 422- Bronze

65 to 69 Women Age Bracket

Pauline Pao 324 - Gold
Pamela Ogus 319 -Silver
Georgia Beaumont 306 -Bronze

70 to 74 Age Bracket

David Gulley 581 - Gold
John Sanchez 546 - Silver
Merle Swonger 485 - Bronze

Continued...

75 to 79 Age Bracket

Randy Gulley 509 - Gold

80+ Age Bracket

John Stevenson 526 - Gold
Britton Tresville 486 -Silver

9/23/17 - Doubles

60 Age Bracket

Georgia Beaumont - Grace Tiu 933 - Gold

65 Age Bracket

Merle Swonger - Michael Bodien 1111 - Gold
Jim Hurley - Richard Beaumont 860 - Silver

70 Age Bracket

David Gulley - Randy Gulley 1090 - Gold

9/24/17 - Mixed Doubles

55 Age Bracket

John Rowland - Chris Crawford 944 - Gold

60 Age Bracket

Judy Belinger - Jack Stevenson 901 - Gold

65 Age Bracket

Jim Hurley - Pauline Pao 859 - Gold
Georgia Beaumont - Richard Beaumont 818 - Silver
Pam Ogus - John Sanchez 767 - Bronze

CYBER CYCLING



CyberCycle Games Individual Stage Race Results

CYBERCYCLING RESULTS: *Please note that this event occurs in various locations that the athletes represent. Those locations are noted.*

50-59 Female

Gold - 3:46 - Rhonda Crumley,
Council Bluffs

Silver - 3:50 - Marcia Anderson,
UNMC Engage Wellness

Bronze - 3:53 - Dani Tervo-Shiffman,
Samarkand Retirement

50-59 Male

Gold - 3:16 - Mark Crumley,
Council Bluffs

Silver - 3:42 - Bob Denney,
UNMC Engage Wellness

Bronze - 3:51 - Joe Leonovicz,
Council Bluffs

60-69 Female

Gold - 3:24 - Ruth Noble,
Masonic Village Elizabethtown

Silver - 4:17 - Chris Kocal,
UNMC Engage Wellness

Bronze - 4:21 - Bonnie Kerber,
Council Bluffs

60-69 Male

Gold - 2:57 - Dennis Blank,
Council Bluffs

Silver - 3:03 - Bill Cox,
Mt. Miguel Covenant Village

Bronze - 3:15 - Terry Howell
Council Bluffs

70 -79 Female

Gold - 3:41 - Candy Wood
The Pines at Davidson

Silver - 4:26 Claire Arnold
Pennswood Village

Bronze - 4:38 - Margaret Sternad
Pennswood Village

70-79 Male

Gold - 3:01 - Bob Weber
Samarkand Retirement

Silver - 3:10 - Will Reid
Pennswood Village

Bronze - 3:21 - Dan Horton
Council Bluffs

80-89 Female

Gold - 4:43 - Joanne Papadakis
Frederika Manor

Silver - 5:06 Mary Sternard
Fredericka Manor

Bronze - 5:25 Janet Swanson
Samarkand Retirement

80-89 Male

Gold - 4:07 - Ross Warren
Laurel Parc

Silver - 4:08 Jonathan Harding
Pennswood Village

Bronze - 4:10 - Ron Kelly
La Posada

90-99 Female

Gold - 6:45 - Charlotte Maschke
Terraces at San Joaquin Gardens

Silver - 7:11 - Maxine Spencer
Terraces at San Joaquin Gardens

Bronze - 7:40 - Lucille Wisbaum
Canterbury Woods

90-99 Male

Gold - 5:24 Jim Rabun
Fredericka Manor

Silver - 5:39 Gary Groot
Carlsbad by the Sea

Bronze - 6:57 - Allen Webb
Mt. San Antonio Gardens

2017 SDSGA RESULTS

Cybercycling Team and Stage Results

Individual Stage Race Results

50-59 Female

Gold - 47:11- Becky Popik
Pennswood Village

Silver - 50:43- Marcia Anderson
UNMC Engage Wellness

Bronze - 1:20:22- J Perry
Council Bluffs

50-59 Male

Gold - 45:37- Karl Allen
Council Bluffs

Silver - 48:13- Joel Leonovicz
Council Bluffs

Bronze - 1:11:45- Jim Woodard
Council Bluffs

60-69 Female

Gold - 1:02:19- Carol Gwilt
UNMC Engage Wellness

Silver - 1:02:59- Lou Ann Adams
UNMC Engage Wellness

Bronze - 11:08:30- Judy Rumsey
Council Bluffs

60-69 Male

Gold - 39:58- Bill Cox
Mt. Miguel Covenant Village

Silver - 40:02- Terry Howell
Council Bluffs

Bronze - 42:08- Dennis Blank
Council Bluffs

70-79 Female

Gold - 49:29- Candy Wood
Pines at Davidson

Silver - 55:24- Helen Patil
Pines at Davidson

Bronze - 57:26- Claire Arnold
Pennswood Village

70-79 Male

Gold - 40:08- Will Reid
Pennswood Village

Silver - 41:02- Bob Weber
Samarkand

Bronze - 45:19- Dan Horton
Council Bluffs

80-89 Female

Gold - 59:35- Joanne Papadakis
Fredericka Manor

Silver - 1:09:11- Janet Swanson
Samarkand

Bronze - 1:18:29- Grace Johnson
Fredericka Manor

80-89 Male

Gold - 51:35- Ron Kelly
La Posada

Silver - 53:29- Ross Warren
Laurel Parc

Bronze - 53:46- Jonathan Harding
Pennswood Village

90-99 Female

Gold - 1:48:33-Charlotte Maschke
Terraces at San Joaquin Gardens

90-99 Male

Gold - 1:17:31- Gary Groot
Carlsbad By The Sea

Team Stage Race Results

Gold - Council Bluffs
6,700 Points

Silver - UNMC Engage Wellness
1,500 Points

Bronze - Fredericka Manor
1,000 Points

GOLF

September 23, 2017
The Vineyard at Escondido, Escondido
Commissioner: Debora Williams



INDIVIDUAL STROKE PLAY

Women

60-64 Gold - Linda Cord

65-69 Gold - Shirley Rehkopf

70-74 Gold - Treasa Skiles

Silver - Kristina Ritzau

Bronze - Teresa Skiles

90-94 Gold - Brigitta Stoyla

Men

55-59 Gold - Scott Fialko

65-69 Gold - Rob Stillwagon

Silver - Tip Jozsa

70-74 Gold - Harry Philipp

75-79 Gold - Ronald Begin

Silver - Jerry Hyder

80-84 Gold - George Curtis

LONGEST DRIVE

Women Teresa Skiles

Men Ron Begin

CLOSET TO THE PIN

Women None

Men Ron Stillwagon

HORSESHOES

September 10, 2017
Horseshoe Park, Balboa Park
Commissioner: Jay Bishop &
Jim Knotts



SINGLES

Men

80-84

Gold - Jim Knott

Silver - Jay Bishop

LAWN GAMES

September 10, 2017
Horseshoe Park, Balboa Park
Commissioner: Jay Bishop and
Jim Knotts



CORNHOLE

Men

80-84

Gold - Jay Bishop

Silver - Jim Knotts

FRISBEE

80-84

Gold - Jim Knotts

Silver - Jay Bishop

LADDER GOLF

Men

80-84

Gold - Jay Bishop

Silver - Jim Knotts

WASHERS

Men

80-84

Gold - Jay Bishop

Silver - Jim Knotts

PICKLEBALL

September 15-17, 2017
Melba Bishop Park, Oceanside
Commissioner: Jenae Alms



MEN'S DOUBLES

50+

GOLD - Ricki Terrian -
Wayne Lura

SILVER - Richard Love -
Russell Dickey

BRONZE - Russ Pearson -
Ray Jeung

2017 SDSGA RESULTS

PICKLEBALL - Continued...

MEN'S DOUBLES

- 55+ GOLD** - Steve Dunney - Jan Bissell
SILVER - George Scheer - Mike Guyer
BRONZE - Steve Haley - Larry Blank
- 60+ GOLD** - Robby Robinson - Peter Shaw
SILVER - Mark Brisebois - Chris Harrison
BRONZE - Brad Grant - Raudel Barba
- 70+ GOLD** - Dennis Dacey - Bob Youngren
SILVER - Bill Weiss - Reuben Ruiz
BRONZE - Terry Loy - Ron Bleich
- 75+ GOLD** - Gene Grillo - Eddie Gillette
SILVER - Bruce Oja - Tim Johnson

MEN'S SINGLES

- 50+ GOLD** - Wayne Lura
SILVER - Steve Taylor
BRONZE - Bill Stamos
- 55+ GOLD** - Paul Frisbie
SILVER - Jeff Smith
BRONZE - Ed Krick
- 60+ GOLD** - Robby Robinson
SILVER - Ricki Terrian
BRONZE - Ray Jeung
- 65+ GOLD** - Jp Parker
SILVER - Gregory Linnemeyer
- 70+ GOLD** - Mac McDowell
SILVER - Bob Hovden
BRONZE - Inie Bacayo
- 75+ GOLD** - John Hillebrand
SILVER - Jerry Habeck

MIXED DOUBLES

- 50+ GOLD** - Debi Cantrell - Daniel Cordova
SILVER - Kathleen Brundo - Werner Hradecky
BRONZE - Teri Carter - Gunner Carter
- 55+ GOLD** - Jill Prolman - Robby Robinson
SILVER - Mary Barsaleau - Randy Jones
BRONZE - Sylvia Hostetler - Ed Krick

MIXED DOUBLES - Continued...

60+ BLUE GROUP

- GOLD** - Patricia Nissan - Ricki Terrian
SILVER - Diane Cronk - Mark Brisebois
BRONZE - Dian Spencer - Phil Sutherland

60+ RED GROUP

- GOLD** - Rosalee Blond - Roy Walford
SILVER - Pamela Collins - Bill Weiss
BRONZE - LuLu McDowell - Gary Hains

- 65+ GOLD** - Margie Siegrist - Bob Hovden
SILVER - Beverly Youngren - Randy Narramore
BRONZE - Linda Shirvanian - Don Ream

- 70+ GOLD** - Karen Maus-Long - Bruce Oja

- 75+ GOLD** - Barbara Wintroub - Bob Youngren
SILVER - Beth Willson - Gene Grillo
BRONZE - Ann Heck - Tom Hylton

WOMEN'S DOUBLES

- 50+ GOLD** - Vicki Enos - Melinda Terrian
SILVER - Deanna McDonald - Suzy Foster
BRONZE - Dena Williams - Sue Ivey
- 55+ GOLD** - Sheri Motyl - Barbara Wintroub
SILVER - Ann Love - Pattie Marabello
BRONZE - Molly Molt - Sylvia Hostetler
- 60+ GOLD** - Patricia Nissan - Jackie Vohs
SILVER - DeeDee Jackson - Marianne Lassigne-Vargas
BRONZE - Inga Loy - Frankie Smith
- 65+ GOLD** - Katy Yonemura - Debbie Ichiriu
SILVER - LuLu McDowell - Monica Stampbach

WOMEN'S DOUBLES Continued...

- 70+ GOLD** - Beverly Youngren - Claudia Ray
SILVER - Jeanne Hunt - Lorraine Hibbert
BRONZE - Beth Willson - Karen Maus-Long
- 75+ GOLD** - Dee Eadie - Marty Trifonoff

WOMEN'S SINGLES

- 50+ GOLD** - Gina Dirk
SILVER - Dena Williams
BRONZE - Kathleen Brundo
- 55+ GOLD** - Melinda Terrian
SILVER - Sue Ivey
BRONZE - Jenae Alms
- 60+ GOLD** - Diane Cronk
SILVER - LuLu McDowell
- 70+ GOLD** - Barbara Wintroub
SILVER - Lorraine Hibbert
BRONZE - Dar Sabey



2017 SDSGA RESULTS

ROAD RACE WALK & RUN

September 9-10, 2017
Lake Miramar, Mira Mesa
Commissioner: Gary MacDonald



5K ROAD RACE

NAME	TIME	DIVISION	MEDAL
Maria Derosa	30:29	65 Women	Gold
Jane Williams	30:32	70 Women	Gold
Nancy Banda	30:44	65 Women	Silver
Teresa Skiles	33:38	70 Women	Silver
Marissa DeLuna	36:36	55 Women	Gold
Dona Gookin	42:11	80 Women	Gold
Barbara Wallace	50:24	55 Women	Silver
Wayne Pfeiffer	25:24	70 Men	Gold
John Banda	28:19	70 Men	Silver
Richard Williams	29:21	80 Men	Gold
James Kurtz	32:46	75 Men	Gold
Jerry Albert	33:30	80 Men	Silver
Edwin Gookin	33:58	80 Men	Bronze

5K RACE WALK

NAME	TIME	DIVISION	MEDAL
Ann Hanson	45:07	65 Women	Gold
Mary Gutierrez	45:24	70 Women	Gold
Art Morrow	32:13	50 Men	Gold
Gerald Pang	37:56	65 Men	Gold
Abel Gutierrez	43:50	70 Men	Gold
Thomas Murphy	49:05	80 Men	Gold

10K ROAD RACE

NAME	TIME	DIVISION	MEDAL
Nancy Banda	1:02:29	65 Women	Gold
MariaDerosa	1:03:16	65 Women	Silver
Teresa Skiles	1:11:35	70 Women	Gold
John Banda	56:42	70 Men	Gold
James Kurtz	1:05:31	75 Men	Gold

10K RACE WALK

NAME	TIME	DIVISION	MEDAL
Art Morrow	1:05:05	50 Men	Gold

RACQUETBALL

September 9, 2017
San Diego State University
Commissioner: Len Sonnenberg



WOMEN'S SINGLES

60+	Gold-	Lan Florence (42)
	Silver-	Esther Rothblum (32)
	Bronze-	Christine Bayly (12)
65+	Gold-	Mary Lou Kiley (44)
	Silver-	Eileen Cummings (20)

WOMEN'S DOUBLES

60+	Gold-	Lan Florence & Mary-Lou Kiley (11)
	Silver-	Esther Rothblum & Eileen Cummings (6)

MEN'S SINGLES

50+	Gold-	Kouren Jouldjian (44)
	Silver-	Bill Stamos (11)
60+	Gold-	Mike Labahn (8)
	Silver-	Robert Chavez (32)
65+	Gold-	Dan Dulworth (53)
	Silver-	Jim Bzovy (36)
	Bronze-	Tip Josza (20)
70+	Gold-	Leland Clement (14)
	Silver-	Dave Willis (7)
	Bronze-	Gary Duffield (5)
75+	Gold-	Len Sonnenberg (11)
	Silver-	Eugene Bailey (13)
80+	Gold-	Bob Rydberg (22)
85+	Gold-	Alex Maladinado (40)

MEN'S DOUBLES

50+	Gold-	Bill Stamos & Kouren Jouldjian (53)
60+	Gold-	Robert Chavez & Gary Duffield (59)
	Silver-	Mike LaBahn & Tip Josza (42)
65+	Gold-	Jim Bzovy & Gus Zanfardino (50)
	Silver-	Bruce Cole & Dan Dulworth (14)
70+	Gold-	Dave Willis & Len Sonnenberg (31)
75+	Gold-	Eugene Bailey & Bob Rydberg (37)

RACQUETBALL *Continued...*

MIXED DOUBLES

60+	Gold-	Esther Rothblum & Lelan Clement (27)
	Silver-	Christine Bayly & Bruce Cole (24)
	Silver-	Lan Florence & Tip Josza (20)
65+	Gold-	Mary Lou Kiley & Len Sonnenberg (18)
	Silver-	Eileen Cummings & Eugene Bailey (11)



SHUFFLEBOARD

September 9, 2017
Escondido Senior Center
Commissioner: Jim Travers



Name	Age	Singles	Doubles
Susan Rindone	80	Gold	Silver
Jay Bishop	80	Silver	Silver
William Rindone	80	Gold	Gold
Don Carson	75	Gold	Gold
Bill Brandenburg	70	Gold	Silver
Bill Kagen	70	Silver	Gold
Dennis Dragomani	65	Gold	Silver
Gina Baker	60	Gold	Gold

2017 SDSGA RESULTS

WOMEN'S SOCCER

September 9 -10, 2017
Hourglass Park, Mira Mesa
Commissioner: Nona Marsh



50+ GOLD – SALTY SISTERS

Michelle Bay	Gina Caparell
Tani Duke	Carolyn Fisher
Andrea Harrington	Brooks Holman
Jane Jones	Valerie Lanni
Nanette McKay	Theresa Peleska
Leanne Peterson	Debbie Rosenfield
Carrie Schmidt	Felicia Sirchia
Stacy Smith	Denise Stillinger
Lauren Winstead	Jan Wolrade

50+ SILVER – BREAKAWAYS

Debbie Brookbank	Rose Cashman
Jill Dolce	Caryn Edmonston
Becky Furtado	Esther Gonzalez
Heather Hall	Dana Mason
Susan McKenzie	Patty Palmer
Darrah Ramsbotham	Monica Sandoval
Kim Schroer	Susan Swigart
Becky Weirshouser	

50+ BRONZE – ULTIMATE SOCCER

Danelle Alexander	Vicki Alvarez
Terry Brown	Shannon Blanchard
Cathie Brush	Robin Frates
Kathy Kelly	Lisa Martin
Angie Medaris	Michelle Mosso
Michelle O'Toole	Dauida Raffa
Renate Schmidt	Karrie Van De Brooks
Sharon Wingate	Jill Updike
Ann Wolf	Jill Stein

60+ GOLD - FOOTLOOSE

Leslie Appel	Cecile Callahan
Valerie Cordova	Elizabeth Ikeda
Belinda Ledoux	Debra Lindberg
Cheri Monarch	Cindy Veme
Debbie Ybarra	Linda Abele
Wendy Bracamole	Caren Brownlie
Lynda Cahn	Linda Cox
Irene Paziranden	

60+ SILVER - STILL KICKIN'

Daisy Atilas	Margaret Danner
Kim Erickson	Roberta Gamer
Rebecca Harper	Margie LaMark
Susanna Marrs	Loy Mattison
Karen McGinn	Nancy McGregor
Kaye Nelson	Tammy Prickett
Ritzi Rizzitello	Teri Simpson
Joyce Stephens	Nancy Fitzpatrick

60+ BRONZE – SMOOTHIES

Jany Staley	Hortensia Bendrick
Cathie Dixon	Debra Gookin
Rachel Hurst	Jo Matthews
Lynn Naftel	Nancy Petit
Giovanna Provenzana	Linda Prudomme
Cindy Rodriguez	Linda Salas
Vilma Scarlett	Cindy Cook

65+ GOLD - STILL KICKIN'

Connie Bunch	Dawn Cole
Monica Guillen	Sharon Murray
Deborah Perry	Mary Jo Renzi
Cindy Scott	Lai-Ying Stepan
Claudia Thompson	Diane Van Lue
Glennis Walters	Deborah Brockman

65+ SILVER - COASTERS

Elizabeth Brauer	Karen Brookfield
Gay Canaday	Colette Caterina
Kathleen Downer	Rosemarie Heldenbrand
Claire Knight	Helen Leeds
Lupe Mahoney	Josie Mock
Patti Storm	Mary White
Bonnie Clark	

65+ BRONZE - INFINITY PLUS

Rosemary Alexander	Pat Brown
Debbie Craig	Linda DeRosa
Beth Garrahan	Maria Gonzales
Nancy Jansen	Jean Jarosz
Pat McNally-Brown	Kathleen Mutch
Hope Silva	Diane Temple
Gabriele Waltemeyer	

WOMEN'S SOFTBALL

September 16 -17, 2017
Hourglass Park, Mira Mesa
Commissioner: Mary Knapik



50+ GOLD – OLD SCHOOL

Diane Dahilig
Deena Dobbins
Tani Duke
Stacey Ekstrom
Carolyn Fisher
Alma Guzman (Manager)
Wendy Hernandez
Tina Herrera
Susan Medina
Donna Mulverhill
Jana Sissentein
Vicki Cescato

50+ GOLD – ALL IN

Alison Apodaca
Suzanne Brazney
Tamara Delp
Patty Felker
Mary Lou Flippen
Kathry Held
Jean Jones
Laura Kinnersley
Trina Mangerino
Lisa Osterman (Manager)
Vickie Palowski
Jan Pierini
Becky Robertson

50+ BRONZE - SoCal TOXIC

Mitzi Aguilera
Debbie Baye
Linda Blakely
Cindy DeLaFuente
Melanie Grieco
Joann Hester
Angela Krebs (Manager)
Anita Matas
Maria Mattingly
Debbie Minor
Carina Paniagua
Franie Rojas
Kathy Shomaker
Danelle Stoller/Stricklin

55+ GOLD - LADIES CHOICE 55

Tammy Allen
Ruby Gawley
Cindi Davis
Shellie George
Cheryl Henry Sweet
Edna Hidalgo
Dina Hidalgo
Nancy Lopez
Stephanie Soares (Manager)
Darla Sommerville
Cynthia Tucker
Tani Duke

55+ SILVER - CAL SPIRIT 55

Robin Aguirre
Suzanne Brazney
Linda Buchan
Mary Burns (Manager)
Kevin Dugoncevic
Cindy Garcia
Linda Goeggel
Susie Grana
Mary Grandpre
Nedra Jerry
Kim Martin
Becky O'Campo
Karlene Schuler

2017 SDSGA RESULTS

WOMEN'S SOFTBALL - *Continued...*

Karlene Schuler
Darlene Shelley
Suzie Stencil
Ann Stevens
Sandra Untrauer

55+ BRONZE - TOUCH EM ALL

Alfreda Billingsley
Laura Brickley
Troy Chang
Joan Clarke
Kay Dodd
April Edwards
Sharon Farrell
Julie Fisher
Rae Gonzales
Wendy Goodell (Manager)
Dee Hickman
Deb Huntingford
Mary King
Maureen Kobrin
Laura Thorpe
Pam Trimble

60'S Gold Division

60+ GOLD - CAL SPIRIT 60

Hope Americano
Susan Caneso
Gerri Dole
Marla Edwards
Inez Garibay
Cheryl Harrington
Patti McCoy
Laurie Mills
Cathy Moon
Lorrie Nakashima (Manager)
Nancy Ruiz
Joni Shirley

60+ SILVER - CASTAWAZ

Lucile Bible
Kathy Corwell
Nancy Gagnon
Angie (Chach) Gomez
Cindy Greenberg
Missy Hagen
Susan Hart-Anderson
Patricia Huerta
Terry Itami
Sharon McCloskey
Diane Ramirez
Gloria Smith
Eleanore Stavarek (Manager)
Cyndia Williams

60+ BRONZE - SKORMOR

Karen Bird
Annette Bohn
Yvonne Delk
Debra Goodus
Kathy Grant
Eleanor Hawley
Dee Dee Jackson
Connie Kosloske
Mary Lee Mendel
Pamela Patolo
Mary Lou Porter (Manager)
Peggy Searcy
Barbara Shanley
Teresa Spraggs
Karen Strickland
Dana Sweet
Phyllis Zabata

60'S Silver Division

60+ GOLD - LADIES CHOICE

Millie Allen (Manager)
Yvonne Arnold
Kathryn Brady
Cheryl Coyle
Deb Coyne
Bambi Ellis
Juanita Evans
Wonnie Frazier-Williams
Denette Grossman
Stephanie Hoffman
Ruth Little
Dana Malone Hubert
Carmelita Martinez
Linda Palmer
CR Ramirez
Barbara Smith
Susan Sozzi
Donna Toft

60+ SILVER - CAL EXPRESS

Audrey Andrade
Frances Bir
Patricia Bowers
Frances DePuy
Lisa Garcia
Star Golia
Cindy Killingback
Debbie Marquis
Rafaela Mercado
Nancy Moniger
Perri Newell
Dianne Proffitt (Manager)
Debbie Scarpati
Jane Smith
Jennifer Smith
Constance Stonier

60+ BRONZE - Santa BarbaraBeaches

Stella Abbott
Sandy Bjorklund
Lisa French
Mary Hains
Mary Hastings
Suzanne Hastings
Olga Herrera
Becky Jazo
Jan McNamara
Mindy Prowler
Phyllis Sides
Cindy Toohey
Becky Valles (Manager)
Linda Voyen
Bernie Williams

60-65 Age Division

65+ GOLD - CAL SPIRIT 65

Judy Cothran
Sharon Delamater
Sally Fiebelkorn
Lil Keehan
Cindy Loomer
Kat McComb
Teri Merickel
Linda Mohrfield
Cathy Nicholson (Manager)
Karen Osborn
Janice Robson
Terry Sheldon
Kerrie Webb

65+ SILVER - LAS VEGAS NEONS 65

Deborah Anderson
Luwana Brewster
Shelly Brown
Laurie Buchman (Manager)
Brenda Cruz
Louise Freiheit
Star Golia
Barbara LangRuzic
Cheryl Lindendoll
Paula Lovsletten
Clara Moore
Margaret Sievers
Linda Smart

60+ SILVER - FUSION 60

Karen Correa-Fowler
Deb Davis
Peggy Grangetto
Holly Guntermann
Bonnie Kent (Manager)
Anne Kepple
Kathy Kluever
Marianne Lassigne-Varges
Sharone Marine

2017 SDSGA RESULTS

WOMEN'S SOFTBALL - Cont...

60+ SILVER - FUSION 60

Nancy Miller
Marilyn Minger
Debbie Petrie
Sue Smith
Nye Turdeau
Terry Wood

60+ BRONZE - CALIFORNIA ROCKERS 60

Kim Bradshaw
Charlene Cota
Pat Crossen
Sioux Donatelli
Lori Drotman
Lynne Fox
Margaret Harmon (Manager)
MaryChris Johnson
Priscilla Marks
Katy Miles
Laurie Myers
JoAnn Pfeiler
Regena Reynolds
Barbara Sieg
Bonnie Sinnott
Sylvia Swager
Carol Wheeler

SWIMMING - Women

September 24, 2017

Coggan Family Aquatics Center, La Jolla

Commissioner: Kenton Jones



Women 50-54 50 Yard Freestyle

1 Kunovac, Jelena 29.63

Women 50-54 50 Yard Backstroke

1 Kunovac, Jelena 33.20

Women 50-54 50 Yard Breaststroke

1 Kunovac, Jelena 37.25

Women 50-54 50 Yard Butterfly

1 Kunovac, Jelena 33.52

Women 55-59 100 Yard Freestyle

1 Zimmer, Dawn 1:11.16

Women 55-59 200 Yard Freestyle

1 Zimmer, Dawn 2:35.29

2 Steidle, Gwynne 3:08.96

Women 55-59 500 Yard Freestyle

1 Zimmer, Dawn 6:49.90

2 Thayer, Marieke 7:00.73

Women 55-59 50 Yard Backstroke

1 Steidle, Gwynne 44:60

Women 55-59 100 Yard Backstroke

1 Thayer, Marieke 1:28.70

2 Steidle, Gwynne 1:45.78

Women 55-59 200 Yard Backstroke

1 Chen, Irene 4:23.92

Women 55-59 100 Yard Breaststroke

1 Steidle, Gwynne 1:45.22

2 Chen, Irene 2:03.97

Women 55-59 200 Yard Breaststroke

1 Chen, Irene 4:25.08

Women 55-59 50 Yard Butterfly

1 Thayer, Marieke 39:46

Women 55-59 200 Yard Butterfly

1 Steidle, Gwynne 3:49.18

Women 55-59 100 Yard IM

1 Thayer, Marieke 1:24.12

Women 60-64 50 Yard Freestyle

1 Fink, Marilyn 31:44

2 Frankenberger, Leslie 36.90

Women 60-64 100 Yard Freestyle

1 Fink, Marilyn 1:08.59

2 Frankenberger, Leslie 1:22.21

Women 60-64 50 Yard Backstroke

1 Fink, Marilyn 36.65

2 Frankenberger, Leslie 43.76

Women 60-64 50 Yard Breaststroke

1 Frankenberger, Leslie 46.10

Women 65-69 50 Yard Freestyle

1 Thompson, Janine 36.31

2 Stengel, Alta 38.37

Women 65-69 100 Yard Freestyle

1 Thompson, Janine 1:19.83

Women 65-69 200 Yard Freestyle

1 Dougherty, Mindy 2:33.71

2 Hirakawa, Diane 4:11.23

Women 65-69 500 Yard Freestyle

1 Dunbar, Barbara 6:51.53

Women 65-69 50 Yard Backstroke

1 Thompson, Janine 43.16

2 Stengel, Alta 45.54

Women 65-69 100 Yard Backstroke

1 Thompson, Janine 1:34.11

Women 65-69 200 Yard Backstroke

1 Dougherty, Mindy 2:44.55

2 Thompson, Janine 3:26.12

Women 65-69 50 Yard Breaststroke

1 Hirakawa, Diane 55.55

Women 65-69 100 Yard Breaststroke

1 Hirakawa, Diane 2:06.43

Women 65-69 200 Yard Breaststroke

1 Hirakawa, Diane 4:34.29

Women 65-69 50 Yard Butterfly

1 Stengel, Alta 43.76

Women 65-69 100 Yard Butterfly

1 Dunbar, Barbara 1:30.50

Women 65-69 100 Yard IM

1 Dougherty, Mindy 1:20.702

2 Stengel, Alta 1:39.51

Women 65-69 200 Yard IM

1 Dunbar, Barbara 3:11.10

Women 70-74 50 Yard Freestyle

1 Marr, Jacqueline 40.53

2 Williams, Jane 48.22

3 Hillary, Cecilia 48.31

4 Cawunder, Patricia 1:08.61

Women 70-74 100 Yard Freestyle

1 Williams, Jane 1:54.65

2 Stancil, W. Vivian 5:18.18

Women 70-74 500 Yard Freestyle

1 Marr, Jacqueline 8:28.96

Women 70-74 50 Yard Backstroke

1 Marr, Jacqueline 47.63

2 Hillary, Cecilia 1:08.26

3 Cawunder, Patricia 1:13.02

4 Stancil, W. Vivian 2:39.52

Women 70-74 50 Yard Breaststroke

1 Hillary, Cecilia 1:01.00

2 Stancil, W. Vivian 3:14.00

-- Cawunder, Patricia DQ

Women 70-74 100 Yard Breaststroke

1 Hillary, Cecilia 2:11.16

Women 70-74 100 IM

1 Hillary, Cecilia 2:15.87

2 Cawunder, Patricia 3:01.42

Women 70-74 200 Yard IM

1 Marr, Jacqueline 3:57.71

Women 70-74 400 Yard IM

1 Marr, Jacqueline 8:48.89

Women 75-79 200 Yard Freestyle

1 Williams, Anne 3:11.72

2 Valderhaug, Marlee 3:49.68

Women 75-79 500 Yard Freestyle

1 Valderhaug, Marlee 10:00.45

Women 75-79 50 Yard Backstroke

1 Valderhaug, Marlee 1:03.27

Women 75-79 100 Yard Backstroke

1 Valderhaug, Marlee 2:13.63

Women 75-79 50 Yard Breaststroke

1 Williams, Anne 48.84

2 Valderhaug, Marlee 1:01.07

Women 75-79 100 Yard Breaststroke

1 Williams, Anne 1:45.98

Women 90-94 100 Yard Freestyle

1 Stoyla, Brigitta 3:17.12

2017 SDSGA RESULTS

SWIMMING - Men

September 24, 2017

Coggan Family Aquatics Center, La Jolla

Commissioner: Kenton Jones



Men 50-54 50 Yard Freestyle

1	Jones, Kenton	24.84
2	Eisenbraun, Michael	29.09
3	Clepper, Al	38.10

Men 50-54 100 Yard Freestyle

1	Strate, Brian	53.46
2	Eisenbraun, Michael	1:10.95

Men 50-54 200 Yard Backstroke

1	Jones, Kenton	2:23.78
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Men 50-54 50 Yard Breaststroke

1	Strate, Brian	29.85
2	Eisenbraun, Michael	43.88
3	Clepper, Al	47.13

Men 50-54 100 Yard Breaststroke

1	Strate, Brian	1:08.81
2	Clepper, Al	1:50.33

Men 50-54 100 Yard Butterfly

1	Clepper, Al	1:57.83
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Men 50-54 400 Yard IM

1	Jones, Kenton	4:48.67
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Men 55-59 50 Yard Freestyle

1	Garcia, Raul	28.30
2	Benner, Tord	28.78
3	Jurist, David	29.85
--	Fremont, Robert	DQ

Men 55-59 100 Yard Freestyle

1	Fremont, Robert	59.53
2	Jurist, David	1:07.24

Men 55-59 500 Yard Freestyle

1	Jett, Darrell	6:57.19
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Men 55-59 50 Yard Backstroke

1	Fremont, Robert	31.37
2	Benner, Tord	31.89
3	Ellis, Joel	32.55
4	Jett, Darrell	36.69

Men 55-59 100 Yard Backstroke

1	Benner, Tord	1:12.38
2	Jett, Darrell	1:22.38

Men 55-59 200 Yard Backstroke

1	Jett, Darrell	2:57.51
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Men 55-59 50 Yard Breaststroke

1	Garcia, Raul	38.30
2	Benner, Tord	38.59

Men 55-59 50 Yard Butterfly

1	Buchanan, Greg	29.27
2	Ellis, Joel	29.59
3	Garcia, Raul	30.90
4	Benner, Tord	31.90

Men 55-59 200 Yard Butterfly

1	Buchanan, Greg	2:23.58
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Men 55-59 100 Yard IM

1	Ellis, Joel	1:10.66
2	Garcia, Raul	1:11.29
3	Jett, Darrell	1:21.63

Men 60-64 50 Yard Freestyle

1	Mench, Lee	26.33
2	Scheff, Jonathan	28.17
3	Wollrab, William	29.05
4	Howard, Daniel	32.28

Men 60-64 100 Yard Freestyle

1	Mench, Lee	56.97
2	Howard, Daniel	1:12.53

Men 60-64 200 Yard Freestyle

1	Mench, Lee	2:09.59
2	Howard, Daniel	2:44.52

Men 60-64 500 Yard Freestyle

1	Mench, Lee	5:46.38
2	Wang, Xue	8:53.56

Men 60-64 50 Yard Backstroke

1	Scheff, Jonathan	36.81
2	Viens, Paul	39.60
3	Prieto, Adolph	54.69

Men 60-64 100 Yard Breaststroke

1	Viens, Paul	1:34.50
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Men 60-64 200 Yard Breaststroke

1	Wang, Xue	3:38.95
2	Viens, Paul	3:40.64

Men 60-64 50 Yard Butterfly

1	Scheff, Jonathan	38.10
2	Prieto, Adolph	55.69

Men 60-64 100 Yard IM

1	Scheff, Jonathan	1:20.32
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Men 60-64 200 Yard IM

1	Wang, Xue	3:39.92
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Men 65-69 50 Yard Freestyle

1	Duffield, Harry	28.36
2	Wayman, Jim	35.91
3	Gast, Monte	37.13
4	Vesely, Larry	51.07

Men 65-69 100 Yard Freestyle

1	Duffield, Harry	1:04.13
2	Wayman, Jim	1:29.08

Men 65-69 200 Yard Freestyle

1	Duffield, Harry	2:36.42
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Men 65-69 500 Yard Freestyle

1	Durell, Bill	7:53.72
2	Vesely, Larry	10:35.38

Men 65-69 50 Yard Backstroke

1	Vesely, Larry	1:06.74
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Men 65-69 100 Yard Backstroke

1	Durell, Bill	1:40.88
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Men 65-69 50 Yard Breaststroke

1	Durell, Bill	41.67
2	Gast, Monte	43.35
3	Wayman, Jim	52.46
4	Vesely, Larry	1:04.10

Men 65-69 100 Yard Breaststroke

1	Durell, Bill	1:34.51
--	Gast, Monte	DQ

Men 65-69 200 Yard Breaststroke

1	Durell, Bill	3:31.68
2	Gast, Monte	3:40.88

Men 65-69 100 Yard IM

1	Gast, Monte	1:39.70
--	Vesely, Larry	DQ

Men 70-74 50 Yard Freestyle

1	Andersen, Peter	29.25
2	Connellan, Michael	30.47

Men 70-74 100 Yard Freestyle

1	Andersen, Peter	1:08.65
2	Carey, George	1:15.23

Men 70-74 200 Yard Freestyle

1	Malley, Jim	2:20.79
2	Carey, George	2:56.17
3	Ahmadi, Behrooz	3:23.55

Men 70-74 500 Yard Freestyle

1	Carey, George	7:36.79
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Men 70-74 50 Yard Backstroke

1	Malley, Jim	31.90
2	Connellan, Michael	36.38
3	Ahmadi, Behrooz	44.88

Men 70-74 100 Yard Backstroke

1	Malley, Jim	1:09.65
2	Carey, George	1:32.70
--	Ahmadi, Behrooz	X1:35.89

Men 70-74 200 Yard Backstroke

1	Malley, Jim	2:39.50
2	Ahmadi, Behrooz	3:30.78

Men 70-74 50 Yard Breaststroke

1	Andersen, Peter	34.35
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Men 70-74 100 Yard Breaststroke

1	Andersen, Peter	1:22.71
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Men 70-74 50 Yard Butterfly

1	Ahmadi, Behrooz	52.34
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Men 70-74 100 Yard IM

1	Andersen, Peter	1:17.87
2	Carey, George	1:29.72

Men 75-79 50 Yard Freestyle

1	Freshley, Mike	27.93
2	Walker, Craig	47.79

Men 75-79 500 Yard Freestyle

1	Freshley, Mike	6:51.87
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Continued...

2017 SDSGA RESULTS

SWIMMING - Men *Continued...*

Men 75-79 50 Yard Backstroke

1	Freshley, Mike	36.83
2	Walker, Craig	1:06.40

Men 75-79 100 Yard Backstroke

1	Walker, Craig	2:40.09
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Men 75-79 200 Yard Backstroke

1	Walker, Craig	5:39.27
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Men 75-79 50 Yard Breaststroke

1	Freshley, Mike	36.12
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Men 75-79 50 Yard Butterfly

1	Freshley, Mike	30.75
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Men 75-79 100 Yard IM

1	Walker, Craig	2:52.95
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Men 80-84 50 Yard Freestyle

1	Hillary, Thomas	1:02.42
2	McIntosh, Donald	1:24.76

Men 80-84 100 Yard Freestyle

1	Farrell, Jeff	1:06.32
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Men 80-84 50 Yard Backstroke

1	Hillary, Thomas	1:02.77
2	McIntosh, Donald	1:49.41

Men 80-84 100 Yard Backstroke

--	Hillary, Thomas	X2:22.59
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Men 80-84 200 Yard Backstroke

1	Hillary, Thomas	5:13.28
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Men 80-84 50 Yard Breaststroke

1	Farrell, Jeff	41.82
2	McIntosh, Donald	2:09.36

Men 80-84 100 Yard IM

1	Hillary, Thomas	2:32.01
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Men 85-89 50 Yard Freestyle

1	Kachadoorian, Charles	52.91
2	Croshier, Sr, Mark	1:02.98

Men 85-89 50 Yard Backstroke

1	Kachadoorian, Charles	1:09.41
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Men 85-89 50 Yard Breaststroke

1	Kachadoorian, Charles	1:08.52
2	Croshier, Sr, Mark	1:25.04

Men 85-89 100 Yard Breaststroke

1	Croshier, Sr, Mark	3:26.07
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Men 85-89 50 Yard Butterfly

1	Kachadoorian, Charles	1:03.53
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Men 85-89 100 Yard IM

1	Kachadoorian, Charles	2:23.31
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Men 90-94 50 Yard Freestyle

1	Abbe, John	1:06.31
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Men 90-94 100 Yard Freestyle

1	Hubbard, Donald	1:51.32
2	Abbe, John	2:38.28

Men 90-94 50 Yard Breaststroke

1	Hubbard, Donald	1:13.24
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Men 90-94 100 Yard Breaststroke

1	Hubbard, Donald	2:56.65
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TABLE TENNIS

September 17, 2017
Balboa Activity Center, Balboa Park
Commissioner: Behnam Kazemi



TABLE TENNIS RESULTS:

MEN'S Open Division

Gold - John Redman
Silver - Don Cook
Bronze - Robert Eldredge

WOMEN'S Open Division

Gold - Hardy, Shelly
Silver - Chin, Kathy
Bronze - Pesyna, Midori

MEN'S SINGLES

60+ **Gold** - Aharon Shapiro
Silver - Rodel Valdoria
Bronze - Ruben Guilloty

65+ **Gold** - Lon Dean
Silver - Phillip Van De Wiele
Bronze - Kamran Azimzadeh

OPEN MEN'S DOUBLES

Gold - Man Shiquin & Benham Kazemi
Silver - Rodel Valdoria & Aharon Shapiro
Bronze - Steve McGrew & Phil Van De Wiele

OPEN MIXED DOUBLES

Gold - Shelly Hardy & Aharon Shapiro
Silver - Camy Lau & Rodel Valdoria
Bronze - Midori Pesyna & Fred Liao

WOMEN'S DOUBLES:

Open Division

Gold - Shelly Hardy & Kathy Chin
Silver - Midori Pesyna & Ling Ling Lin



TENNIS

September 12, 2017
Balboa Tennis Club, San Diego
Commissioner: Barbara Gregario



SINGLES 55 DIVISION

WOMENS

GOLD - Catherine Rinaldi - 55
SILVER - Dawn Zimmer - 55

MENS

GOLD - Michael Christian - 55
SILVER - Lester McCurtis - 55

MENS 70 DIVISION

GOLD - Tom Gegax - 70

MENS 75 DIVISION

GOLD - Robert Eldridge - 75

MENS 85 DIVISION

GOLD - Robert Morrison - 85

2017 SDSGA RESULTS

TRACK AND FIELD

September 17, 2017
San Diego Mesa College, San Diego
Commissioner: Gary MacDonald



50 METER DASH

WOMEN - 50 Meter Dash

	Div.	Medal	Time
Barney, Colleen	50	Gold	7.45 NWI
Lee, Suzette	50	Silver	7.84 NWI
Amarasekara, Veronica	55	Gold	7.84 NWI
Maxwell, Karen	55	Silver	8.25 NWI
Gaston, Kathraine	55	Bronze	8.45 NWI
Selby, Debbie	60	Gold	9.72 NWI
Cooper Onley, Marilyn	75	Gold	11.07 NWI

MEN - 50 Meter Dash

	Div.	Medal	Time
Forte, Jonathan	50	Gold	7.32 NWI
Kirkpatrick, Glenn	50	Silver	7.62 NWI
Culp, Logan	50	Bronze	7.79 NWI
Allaire, John	55	Gold	7.17 NWI
Marcisz, Zdzislaw	55	Silver	7.27 NWI
Chan, Stephen	55	Bronze	7.72 NWI
McDaniels, Robert	60	Gold	7.68 NWI
Love, Reginald	60	Silver	7.95 NWI
Kapsal, John	60	Bronze	8.21 NWI
Boucquey, Thierry	65	Gold	7.48 NWI
Deitrich, Woody	65	Silver	7.66 NWI
Tanabe, Douglass	65	Bronze	7.68 NWI
Underhill, Bruce	70	Gold	7.98 NWI
Crandall, James	70	Silver	8.15 NWI
Green, Barry	70	Bronze	8.20 NWI
Hashemzadeh, Iraj	75	Gold	8.85 NWI
Bailey, Eugene	75	Silver	10.61 NWI
Yates, Vern	80	Gold	9.61 NWI
Selby, Jim	85	Gold	11.72 N

100 METER DASH

Women - 100 Meter Dash

	Div.	Medal	Time
Barney, Colleen	50	Gold	13.77 NWI
Lee, Suzette	50	Silver	14.72 NWI
Maxwell, Karen	55	Gold	15.75 NWI
Gaston, Kathraine	55	Silver	15.79 NWI
Selby, Debbie	60	Gold	19.02 NWI
Cohn, Linda	65	Gold	16.03 NWI
Kelly, Pat	65	Silver	18.16 NWI
Cooper Onley, Marilyn	75	Gold	21.93 NWI

Men - 100 Meter Dash

	Div.	Medal	Time
Forte, Jonathan	50	Gold	13.84 0.3
Chinn, James	55	Gold	12.77 0.4
McCullouch Sr., Gary	55	Silver	13.34 0.4
Duhon, B J	55	Bronze	13.36 0.3
McLawhorn, David	60	Gold	13.97 0.6
Pearman, Clint	60	Silver	14.21 0.6
McDaniels, Robert	60	Bronze	14.51 0.6
Boucquey, Thierry	65	Gold	14.09 0.9
Tanabe, Douglass	65	Silver	14.48 0.9
Deitrich, Woody	65	Bronze	14.52 0.9
Underhill, Bruce	70	Gold	14.87 0.6
Crandall, James	70	Silver	15.22 0.6
Green, Barry	70	Bronze	16.11 0.6
Hashemzadeh, Iraj	75	Gold	16.81 1.2
Mindell, Alan	75	Silver	18.58 1.2
Bailey, Eugene	75	Bronze	20.58 1.2
Yates, Vern	80	Gold	18.72 1.2
Selby, Jim	85	Gold	23.41 1.2
Durkin, Noel	85	Silver	25.70 1.2

200 METER DASH

Women - 200 Meter Dash

	Div.	Medal	Time
Barney, Colleen	50	Gold	28.28 1.2
Maxwell, Karen	55	Gold	33.60 1.2
Gaston, Kathraine	55	Silver	35.21 1.2
Selby, Debbie	60	Gold	45.58 1.2
Cooper Onley, Marilyn	75	Gold	48.28 1.2

Men - 200 Meter Dash

	Div.	Medal	Time
Forte, Jonathan	50	Gold	30.01 0.8
Allaire, John	55	Gold	30.43 0.8
Griffiths, Bob	55	Silver	35.56 0.8
Bernstein, David	60	Gold	29.65 1.2
Hershberger, Jim	60	Silver	30.47 1.2
Kapsal, John	60	Bronze	34.46 1.2
Rose, Ed	65	Gold	31.80 0.9
Foreman, Gene	65	Silver	37.65 0.9
Whitley, Stan	70	Gold	29.72 1.1
Crandall, James	70	Silver	32.26 1.1
Underhill, Bruce	70	Bronze	33.56 1.1
Yates, Vern	80	Gold	42.14 1.5
Selby, Jim	85	Gold	54.13 1.5

400 METER DASH

Women - 400 Meter Dash

	Div.	Medal	Time
Tiu, Griselda	60	Gold	2:05.44

2017 SDSGA RESULTS

TRACK AND FIELD - Continued...

MEN - 400 Meter Dash	Div.	Medal	Time
McLawhorn, David	60	Gold	1:06.21
Bernstein, David	60	Silver	1:07.34
Nelson, David	60	Bronze	1:08.58
Foreman, Gene	65	Gold	1:37.24
Beaumont, Richard	65	Silver	2:10.78
Banda, John	70	Gold	1:42.05
Sanfilippo, Steven	75	Gold	1:17.85
Mindell, Alan	75	Silver	1:22.2
Yates, Vern	80	Gold	1:44.28

800 METER RUN

WOMEN - 800 Meter Run	Div.	Medal	Time
Gookin, Donna	80	Gold	5:35.50

MEN - 800 Meter Run	Div.	Medal	Time
Hardnansky, John	50	Gold	2:41.70
Bernstein, David	60	Gold	2:50.67
McKee, Larry	60	Silver	3:24.07
Pittman, Patrick	65	Gold	4:04.55
Beaumont, Richard	65	Silver	6:27.40
Dischinger, John	70	Gold	3:15.14
Pfeiffer, Wayne	70	Silver	3:15.19
Banda, John	70	Bronze	4:02.48
Sanfilippo, Steven	75	Gold	3:13.18
Gookin, Edwin	80	Gold	4:47.98

1500 METER RUN

Men - 1500 Meter Run	Div.	Medal	Time
Keros, John	50	Gold	5:22.28
Bernstein, David	60	Gold	5:44.01
McKee, Larry	60	Silver	7:05.12
Beaumont, Richard	65	Gold	14:34.72
Pfeiffer, Wayne	70	Gold	7:00.98
Banda, John	70	Silver	7:49.60
Sanfilippo, Steven	75	Gold	6:29.26

1500 METER RACE WALK

Women - 1500 Meter Race Walk	Div.	Medal	Time
De Luna, Marissa	55	Gold	12:23.12

Men - 1500 Meter Race Walk	Div.	Medal	Time
Morrow, Art	50	Gold	8:43.79
Wennerstrom, Stephen	65	Gold	9:30.25
Lawson, Paul	70	Gold	9:25.28

3000 METER RUN

Women 3000 Meter Run	Div.	Medal	Time
Hope, Beth	55	Gold	20:00.37
De Luna, Marissa	55	Silver	20:04.79

MEN -3000 Meter Run	Div.	Medal	Time
Stowell, Dennis	65	Gold	15:28.65
Banda, John	70	Gold	17:10.92
Kurtz, James	75	Gold	19:09.99

HURDLES MEN & WOMEN

Women - 80 meter Hurdles	Div.	Medal	Time
Maxwell, Karen	55	Gold	14.75 NWI

Men - 100 meter Hurdles	Div.	Medal	Time
Forte, Jonathan	50	Gold	16.50 -0.7
Duhon, B J	55	Gold	21.17 -0.7
McDaniels, Robert	60	Gold	17.89 -0.7

Women - 300 Long Hurdles	Div.	Medal	Time
Maxwell, Karen	55	Gold	59.56

Men - 300 Long Hurdles	Div.	Medal	Time
Chinn, James	55	Gold	51.65
Nelson, David	60	Gold	59.23

JAVELIN THROW

WOMEN - Javelin Throw	Div.	Medal	Mark
Lee, Suzette	50	Gold	56-04
Biondolillo, Kathleen	55	Gold	46-04
Wallace, Barbara	55	Silver	35-11
Dunton, Linn	60	Gold	84-04
Sanchez, Estela	60	Silver	47-08
Cohn, Linda	65	Gold	113-07
Steekelenburg, Annelies	65	Silver	46-03
Babbitt, Jane	75	Gold	62-03

MEN - Javelin Throw	Div.	Medal	Mark
Kirkpatrick, Glenn	50	Gold	121-07
Morrow, Art	50	Silver	72-08
Shea, Michael	55	Gold	156-05
Hansen, John	55	Silver	147-06
Biondolillo, Jim	55	Bronze	85-03
Hays, Jack	60	Gold	131-03
Warmerdam, Barry	65	Gold	122-05
Tipping, Mike	65	Silver	117-02
Watson, Richard	65	Bronze	108-01
Lemire, Stefan	70	Gold	99-08
Gast, Monte	70	Silver	86-10
Pearce, Irv	70	Silver	79-04
Baker, Ken	70	Bronze	78-06
Johnson, Richard	75	Gold	39-08
Terauds, Juris	80	Gold	1-02
Durkin, Noel	85	Gold	70-09

2017 SDSGA RESULTS

TRACK AND FIELD - *Continued...*

LONG JUMP

WOMEN - Long Jump

	Div.	Medal	Mark
Cohn, Linda	65	Gold	3.88m NWI
Pao, Pauline	65	Silver	1.94m NWI
Cooper Onley, Marilyn	75	Gold	2.15m NWI

MEN - Long Jump

	Div.	Medal	Mark
Morrow, Art	50	Gold	3.45m NWI
McCullouch Sr., Gary	55	Gold	4.73m NWI
Allaire, John	55	Silver	4.72m NWI
Marcisz, Zdzislaw	55	Bronze	4.32m NWI
McLawhorn, David	60	Gold	4.20m NWI
Alston, Michael	60	Silver	3.61m NWI
Tamaschke, John	65	Gold	4.36m NWI
Deitrich, Woody	65	Silver	4.31m NWI
Fitzpatrick, Bill	65	Bronze	3.99m NWI
Underhill, Bruce	70	Gold	3.86m NWI
Gast, Monte	70	Silver	3.50m NWI
Baker, Ken	70	Bronze	2.83m NWI
Jones, Larry	75	Gold	3.50m NWI
Yates, Vern	80	Gold	3.07m NWI

SHOTPUT

WOMEN - Shot Put

	Div.	Medal	Mark
Amarasekara, Veronica	55	Gold	10.16m
Wallace, Barbara	55	Silver	6.92m
Nelson, Jo	55	Bronze	6.88m
Dunton, Linn	60	Gold	8.68m
Sanchez, Estela	60	Silver	7.81m
Cohn, Linda	65	Gold	8.83m
Pao, Pauline	65	Silver	5.46m
Otto, Kristan	70	Gold	5.17m

MEN - Shot Put

	Div.	Medal	Mark
Edwards, Timothy	50	Gold	13.33m
Bickel, David	50	Silver	9.87m
Peterson, Thomas	55	Gold	13.60m
Holden, Gregory	55	Silver	13.09m
Marcisz, Zdzislaw	55	Bronze	11.88m
Lloyd, Daniel	60	Gold	13.24m
Hays, Jack	60	Silver	10.63m
Malin, James	65	Gold	11.20m
Royall Sr., Curtis	65	Silver	10.96m
Althouse, Gerald	65	Bronze	10.58m
Gast, Monte	70	Gold	9.81m
Lemire, Stefan	70	Silver	9.56m
Steusel, Paul	70	Bronze	9.35m
Widmer, Ronald	75	Gold	8.98m
Johnson, Richard	75	Silver	7.45m
Johnson, Kenneth	75	Bronze	7.13m

	Div.	Medal	Mark
Terauds, Juris	80	Gold	10.89m
Ginsburg, Marvin	80	Silver	9.10m
Kuenster, Tommy	80	Bronze	6.60m

Durkin, Noel	85	Gold	6.18m
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TRIPLE JUMP

WOMEN - Triple Jump

	Div.	Medal	Mark
Pao, Pauline	65	Gold	4.11m NWI

MEN - Triple Jump

	Div.	Medal	Mark
Marcisz, Zdzislaw	55	Gold	9.28m NWI
Allaire, John	55	Silver	9.09m NWI
McLawhorn, David	60	Gold	8.21m NWI
Tamaschke, John	65	Gold	9.19m NWI
Rose, Ed	65	Silver	7.98m NWI
Pittman, Patrick	65	Bronze	7.67m NWI
Litvinoff, Larry	65	Bronze	7.67m NWI
Underhill, Bruce	70	Gold	6.74m NWI
Jones, Larry	75	Gold	7.37m NWI
Bergen, Bert	75	Silver	6.47m NWI

DISCUS THROW

Women - Discus Throw

	Div.	Medal	Mark
Lee, Suzette	50	Gold	23.77m
Wallace, Barbara	55	Gold	16.50m
Biondolillo, Kathleen	55	Silver	15.14m
Dunton, Linn	60	Gold	24.23m
Sanchez, Estela	60	Silver	19.86m

Men - Discus Throw

	Div.	Medal	Mark
Bolles, Cameron	50	Gold	59.96m
Barrett, Paul	50	Silver	47.56m
Edwards, Timothy	50	Bronze	45.22m
Chappell, Scott	55	Gold	35.29m
Biondolillo, Jim	55	Silver	32.09m
Fruguglietti, Ralph	60	Gold	53.83m
Lloyd, Daniel	60	Silver	32.46m
McLawhorn, David	60	Bronze	32.16m
Stillwagon, Rob	65	Gold	37.95m
Althouse, Gerald	65	Silver	34.67m
Watson, Richard	65	Bronze	29.48m
Pearce, Irv	70	Gold	29.19m
Baker, Ken	70	Silver	27.60m
Lemire, Stefan	70	Bronze	26.05m
Johnson, Richard	75	Gold	21.88m
Johnson, Kenneth	75	Silver	19.65m
Terauds, Juris	80	Gold	25.24m
Ginsburg, Marvin	80	Silver	18.70m
Kuenster, Tommy	80	Bronze	13.63m
Durkin, Noel	85	Gold	13.75m
Reed, Ian	90	Gold	28.29m

WORLD RECORD

2017 SDSGA RESULTS

TRACK AND FIELD - *Continued...*

HAMMER THROW

WOMEN - Hammer Throw

	Div.	Medal	Mark
Nelson, Jo	55	Gold	20.90m
Biondolillo, Kathleen	55	Silver	19.57m
Wallace, Barbara	55	Bronze	14.56m

Sanchez, Estela	60	Gold	22.39m
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MEN - Hammer Throw

	Div.	Medal	Mark
Barrett, Paul	50	Gold	46.19m
Bickel, David	50	Silver	43.80m

Chappell, Scott	55	Gold	33.58m
Biondolillo, Jim	55	Silver	27.55m

Watson, Richard	65	Gold	38.79m
Meyer, Thomas	65	Silver	35.80m

Lemire, Stefan	70	Gold	21.71m
Steusel, Paul	70	Silver	20.90m

Widmer, Ronald	75	Gold	22.04m
Johnson, Richard	75	Silver	20.90m

HIGH JUMP

Women - High Jump

	Div.	Medal	Mark
Nelson, Jo	55	Gold	0.95m

Steekelenburg, Annelies	65	Gold	1.20m
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Men - High Jump

Forte, Jonathan	50	Gold	1.40m
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Marcisz, Zdzislaw	55	Gold	1.30m
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Templeton, Tom	60	Gold	1.45m
Nelson, David	60	Silver	1.30m

Little, John	65	Gold	1.40m
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Goodreau, James	70	Gold	1.35m
Gast, Monte	70	Silver	1.15m

Bergen, Bert	75	Gold	1.15m
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Jones, Larry	75	Silver	1.05m
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POLE VAULT

Men - Pole Vault

	Div.	Medal	Mark
McIntyre, Tim	55	Gold	3.81m

McLawhorn, David	60	Gold	2.44m
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Westbrook, John	60	Silver	2.13m
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Westbrook, Mike	60	Bronze	2.13m
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Gast, Monte	70	Gold	1.98m
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Jones, Larry	75	Gold	2.29m
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MEN'S VOLLEYBALL

September 17, 2017

Balboa Activity Center, Balboa Park

Commissioner: Patsy and Farid Karimi



45's DIVISION

45 DIVISION GOLD: So Cal

Jack Gregory
Cardon Walker
Daryl Adams
Damian Fulton
D.C. Davis
Allen Duzenion
Tom Tran

60'S DIVISION

GOLD: Aged Beef

Gary Holbrook
Bob O'Brien
Gary Seaton
Jim Julian
Jody Uyechi
Mike Caillouetx
Dave Stone
Rex Hodgerson

50's DIVISION

GOLD: Nitro

Isaac Fabunan
Abdallah Nabbot
Mike Meyers
Mike Wooten
Craig Jameson
Tim Curran
Ken Sauer
Luis Moreno

SILVER: Roof

Don Hudson
Ron Gregg
William Nishioka
Bradford Brown
Farid Karimi
Bruce Kimmel
Mike Miller

SILVER: Bear Cats

Dave Pekin
Greg Glassman
Carl Steiner
Guy Carter
Toby Russell
Todd Shimp

BRONZE: Wrecking Balls

Alexander Schure
Thomas Schulte
Steve Rhoads
Dave Hanson
Mike Nydam
Stephen Billings
Bret Gedryn
Erik Zucker

2017 SDSGA RESULTS

WOMEN'S VOLLEYBALL

September 16, 2017

Balboa Activity Center, Balboa Park

Commissioner: Patsy Cortez-Karimi



45's DIVISION

GOLD: Old and Older

Barb Slawson
Shelly Hart
Natalie Hayes
Mabel Uyeda
Josie Crispin

SILVER: All About The Aces

Julianne Clayton
Maureen Martin
Naila Vele
Madeline Dodd
Linda Hayek

BRONZE: Moments

Bonnie Bright
Shelly Carter
Karyn Adams
Leslie Shaw
Heidi Henkle
Michelle Calleran
Jolita Schure
Janet DelVillaggio

50's DIVISION

GOLD: Panama Jack

Diane Campbell
Margaret Grant
Susan Croshaw
Sue Snyder
Terri Schroder
Ann Schirman
Karen Doane
Kelly Knowles

SILVER: Yada Yada

Denise Nasser
Lisa Bates
Eileen Reza
Sherry Watts
Carol Kokinakes
Patty Clarey

BRONZE: Roof

Kelly Jacobs
Laura Coleman
Katherine Zelko
Lisa Heck
Nicole Blackwell
Donnanna Hain
Kelly Knowles

55's DIVISION

GOLD: Outsiders

Jeanne Marie Platter
Allison Walsh
Elaine Mitchell
Helen Jenney
Cyndi England
Sonia Lukens

SILVER: Surf City

Marie Rita
Stacy Weber
Tina Kurrels
Nalani DiGiovanni
Deone Kanne
Pati Kent

BRONZE: Sets Appeal

Patsy Cotez
Nanette Pratini
Bianca Tiersma
Glenda Masterson

60's DIVISION

GOLD: S and M's

Susan Lee
Janette Johnson
Sue Lee
Donna Martin
Sandy Ferguson
Marian Cutaran

SILVER: Friends

Mary Pipkin
Kumi Hirayama
Jill Harris
Dianne Carroll
Patty Riddle
Margaret Repucci
Karla Johnston

65's DIVISION

GOLD: Serve Aces

Cynthia Droeger
Vickie Christensen
Linda Hauxhurst
Karen Brassfield
Rose McCarthy
Carol Hackett
Paula Wulff

SILVER: Get It Up

Debby Holsapple
Barb Decker
Greta Thompson
Vicky Bock
Marilyn Klausner
Jean Leavens
Cheryl Belletto



connected to knowledge

Changes to the electric rate structure that began several years ago are continuing. So it's important to keep you informed about changes to your bill and ways to manage your energy use.

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THE CITY OF SAN DIEGO

Park and Recreation Department, Senior Citizen Services

The City of
SAN DIEGO
Park and Recreation Department

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Senior Talent Show
Photography Contest
Storytelling Group**

**Poetry Party
Walking Group
Mah Jongg
Actor's Workshop
Out of Town Trips**

**Biweekly Dances
Craft Sale
Art Contest
Piano Notes
Deaf Senior Club**

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