

SAN DIEGO SENIOR GAMES 2016 - 9/18/2016

San Diego Mesa College

Results

Event Women 50 Meter Dash

Name	Age	Medals	Finals	Wind	H#
Women 85-89					
1 Styles, Frances	W89	Gold	13.71	NWI	1
Women 75-79					
1 Cooper Onley, Marilyn	W77	Gold	11.27	NWI	1
Women 70-74					
1 Chavez, Dorlee	W71	Gold	13.79	NWI	1
Women 65-69					
1 Kelly, Pat	W66	Gold	8.91	NWI	1
2 Steiner, Maureen	W65	Silver	12.10	NWI	1
Women 55-59					
1 Gaston, Kathraine	W57	Gold	8.30	NWI	2
2 Maxwell, Karen	W58	Silver	8.43	NWI	2
3 Dent, Susan	W56	Bronze	8.48	NWI	2
4 Scott, Sandi	W59		8.59	NWI	2
5 Fregoso, Teresa	W55		8.84	NWI	2
Women 50-54					
1 Barney, Colleen	W50	Gold	7.48	NWI	2
2 Lamb, Lisa	W51	Silver	8.34	NWI	2
3 Baron, Cadence	W51	Bronze	8.80	NWI	2

Event Women 100 Meter Dash

Name	Age	Medals	Finals	Wind
Women 85-89				
1 Styles, Frances	W89	Gold	28.47	1.1
Women 75-79				
1 Cooper Onley, Marilyn	W77	Gold	21.65	1.1
Women 65-69				
1 Kelly, Pat	W66	Gold	16.98	1.1
2 Steiner, Maureen	W65	Silver	23.54	1.1
Women 55-59				
1 Gaston, Kathraine	W57	Gold	15.20	0.9
2 Maxwell, Karen	W58	Silver	15.77	0.9
3 Dent, Susan	W56	Bronze	16.24	0.9
4 Fregoso, Teresa	W55		16.85	0.9
5 Scott, Sandi	W59		17.68	0.9
Women 50-54				
1 Barney, Colleen	W50	Gold	13.73	0.9
2 Baron, Cadence	W51	Silver	16.50	0.9

Event Women 200 Meter Dash

Name	Age Medal	Finals	Wind
Wpmen 75-79			
1 Cooper Onley, Marilyn	W77 Gold	47.66	1.8
Women 65-69			
1 Kelly, Pat	W66 Gold	37.78	1.8
2 Steiner, Maureen	W65 Silver	57.56	1.8
Women 55-59			
1 Maxwell, Karen	W58 Gold	33.22	1.8
2 Gaston, Kathraine	W57 Silver	33.23	1.8
3 Dent, Susan	W56 Bronze	33.59	1.8
4 Fregoso, Teresa	W55	35.20	1.8
Women 50-54			
1 Barney, Colleen	W50 Gold	27.91	1.8
2 Baron, Cadence	W51 Silver	35.16	1.8

Event Women 400 Meter Dash

Name	Age Medal	Finals
1 Kelly, Pat	W66 Gold	1:24.19
2 Lamb, Lisa	W51 Gold	1:26.61
3 Van der Schans, Cathy	W62 Gold	1:32.69

Event Women 800 Meter Run

Name	Age Medal	Finals
Women 50-54		
1 Sponsler, Shelley	W50 Gold	4:30.79

Event Women 1500 Meter Run

Name	Age Medal	Finals
1 Sponsler, Shelley	W50 Gold	8:29.61
1 Waters, Jill	W62 Gold	8:31.83

Event Women 3000 Meter Run

Name	Age Medal	Finals
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1 Waters, Jill

W62 Gold

17:40.73

Event Women 80m Hurdles

Name	Age Medal	Finals	Wind
1 Maxwell, Karen	W58 Gold	14.51	NWI

Event Women 300 Hurdles

Name	Age Medal	Finals
1 Maxwell, Karen	W58 Gold	59.87

Event Women 1500 Meter Race Walk

Name	Age Medal	Finals
1 Darian, Shea	W57 Gold	8:50.62

Event Women Long Jump

Name	Age Medal	Finals	Wind
Women 85-89			
1 Styles, Frances	W89 Gold	1.40m	NWI 4-07.25
Women 75-79			
1 Cooper Onley, Marilyn	W77 Gold	2.08m	NWI 6-10.00
Women 50-54			
1 Baron, Cadence	W51 Gold	3.75m	NWI 12-03.75

Event Women Shot Put

Name	Age Medal	Finals
Women 60-64		
1 Dunton, Linn	W60 Gold	10.56m 34-07.75
Women 55-59		
1 Scott, Sandi	W59 Gold	8.64m 28-04.25
2 Vaughn, Karen	W59 Silver	8.36m 27-05.25
3 Polk Withers, Sani	W57 Bronze	8.31m 27-03.25
4 Sanchez, Estela	W59	7.41m 24-03.75
5 Wallace, Barbara	W57	7.22m 23-08.25
Women 50-54		

1 Sponsler, Shelley

W50 Gold

6.90m 22-07.75

Event Women High Jump

Name	Age Medal	Finals
Women 85-89		
1 Styles, Frances	W89 Gold	0.75m 2-05.50
Women 65-69		
1 Steekelenburg, Annelies	W68 Gold	1.25m 4-01.25
Women 55-59		
1 Vaughn, Karen	W59 Gold	1.05m 3-05.25

Event Women Discus Throw

Name	Age Medal	Finals
Women 60-64		
1 Dunton, Linn	W60 Gold	27.65m 90-08
Women 55-59		
1 Polk Withers, Sani	W57 Gold	23.41m 76-10
2 Sanchez, Estela	W59 Silver	19.69m 64-07
2 Wallace, Barbara	W57 Bronze	16.84m 55-03

Event Women Triple Jump

Name	Age Medal	Finals	Wind
1 Styles, Frances	W89 Gold	3.41m	NWI 11-02.25

Event Women Hammer Throw

Name	Age Medal	Finals
Women 60-64		
1 Dunton, Linn	W60 Gold	35.11m 115-02
2 Van der Schans, Cathy	W62 Silver	23.89m 78-04
Women 55-59		
1 Sanchez, Estela	W59 Gold	24.92m 81-09
4 Polk Withers, Sani	W57 Silver	19.84m 65-01
3 Wallace, Barbara	W57 Bronze	15.86m 52-00

Event Women Javelin Throw

Name	Age Medal	Finals
Women 70-74		
1 Babbitt, Jane	W74 Gold	16.68m 54-09
Women 65-69		
1 van Kruchten, Henny	W66 Gold	24.00m 78-09

2 Steekelenburg, Annelies W68 Silver 16.27m 53-04

Event Women Javelin Throw

Name	Age	Medal	Finals	
Women 60-64				
1 Dunton, Linn	W60	Gold	32.21m	105-08
2 Jaunzeme, Andra	W63	Silver	16.02m	52-07
Women 55-59				
1 Polk Withers, Sani	W57	Gold	18.65m	61-02
2 Vaughn, Karen	W59	Silver	18.53m	60-09
3 Wallace, Barbara	W57	Bronze	13.31m	43-08

Event Men 50 Meter Dash

Name	Age	Medal	Finals	Wind
Men 85-89				
1 Selby, Jim	M88	Gold	12.25	NWI
Men 80-85				
1 Eyer, Delos	M80	Gold	8.78	NWI
2 Yates, Vern	M81	Silver	9.69	NWI
Men 75-79				
1 Hashemzadeh, Iraj	M76	Gold	8.40	NWI
Men 70-74				
1 Crandall, James	M71	Gold	8.19	NWI
2 Muranaka, Ron	M73	Silver	8.71	NWI
3 West, Byron	M73	Bronze	9.01	NWI
Men 65-69				
1 Rose, Ed	M68	Gold	8.15	NWI
2 DeSandro, Dominic	M65	Silver	9.92	NWI
Men 60-64				
1 Green, John	M63	Gold	7.96	NWI
2 Kapsal, John	M63	Silver	8.44	NWI
3 Morris, Jim	M61	Bronze	8.58	NWI
4 Magana, Jorge	M63		8.62	NWI
5 Suetos, Jay	M61		8.80	NWI
Men 55-59				
1 Chen, Chris	M56	Gold	7.07	NWI
2 Love, Reginald	M59	Silver	7.94	NWI
3 Mendoza, Matt	M58	Bronze	8.29	NWI
Men 50-54				
1 Foster, Robert	M54	Gold	6.81	NWI
2 Ali, Mansoor	M53	Silver	7.46	NWI

Event Men 100 Meter Dash

Name	Age Medal	Finals	Wind	HT
1 Larch-Miller, George	M90 Gold	33.89	-0.6	
Men 85-89				
1 Selby, Jim	M88 Gold	24.61	-0.6	
2 Durkin, Noel	M85 Silver	24.71	-0.6	
Men 80-84				
1 Eyer, Delos	M80 Gold	17.42	-0.6	
2 Yates, Vern	M81 Silver	19.19	-0.6	
3 Kindreich, Roger	M80 Bronze	23.28	-0.6	
Men 75-79				
1 Hashemzadeh, Iraj	M76 Gold	16.09	-0.6	
Men 70-74				
1 Whitley, Stan	M71 Gold	13.85	0.9	
2 Schneider, John	M71 Silver	15.02	0.9	
3 Crandall, James	M71 Bronze	15.61	0.9	
4 Muranaka, Ron	M73	17.00	0.9	
5 West, Byron	M73	17.08	0.9	
Men 65-69				
1 Rose, Ed	M68 Gold	15.34	0.9	1
2 DeSandro, Dominic	M65 Silver	18.86	0.9	1
Men 60-64				
1 Deitrich, Woody	M64 Gold	14.77	1.2	2
2 Rauch, Bob	M63 Silver	15.14	1.2	2
3 Stone, Ken	M62 Bronze	15.39	1.2	2
4 Green, John	M63	15.76	1.2	2
5 Kapsal, John	M63	15.80	1.2	2
6 Tipping, Mike	M64	16.10	1.2	2
7 Pino, Armando	M63	16.15	1.2	1
8 Morris, Jim	M61	16.20	1.2	1
9 Suetos, Jay	M61	16.78	1.2	1
10 Young, Ed	M62	19.56	1.2	1
11 Magana, Jorge	M63	21.96	1.2	2
Men 55-59				
1 Chinn, James	M58 Gold	12.73	0.4	
2 Chen, Chris	M56 Silver	12.94	0.4	
3 Mendoza, Matt	M58 Bronze	15.62	0.4	
Men 50-54				
1 Makino, Shigeki	M50 Gold	12.22	1.6	
2 Foster, Robert	M54 Silver	12.43	1.6	

3	Ali, Mansoor	M53	Bronze	14.20	1.6
4	Stone, William	M54		14.93	1.6
5	Forte, Jonathan	M51		15.77	1.6

Event Men 200 Meter Dash

Name	Age	Medal	Finals	Wind
Men 80-84				
1 Yates, Vern	M81	Gold	40.60	1.9
Men 75-79				
1 Nunez, Paul	M76	Gold	40.70	1.9
2 Esquibel, Herman	M78	Silver	45.70	1.9
Men 70-74				
1 Whitley, Stan	M71	Gold	28.74	1.7
2 Crandall, James	M71	Silver	32.27	1.7
3 White, Allen	M71	Bronze	39.50	1.7
Men 65-69				
1 Rose, Ed	M68	Gold	33.11	1.7
Men 60-64				
1 Kapsal, John	M63	Gold	34.30	1.8
2 Magana, Jorge	M63	Silver	37.80	1.8
3 Young, Ed	M62	Bronze	43.24	1.8
Men 55-59				
1 Chinn, James	M58	Gold	25.36	1.8
2 Chen, Chris	M56	Silver	26.50	1.8
Men 50-54				
1 Makino, Shigeki	M50	Gold	24.90	1.8
2 Foster, Robert	M54	Silver	25.27	1.8
3 Vaughn Sr., Billy	M53	Bronze	25.36	1.8
4 Smith, Allen	M53		28.20	1.8
5 Forte, Jonathan	M51		31.03	1.8

Event Men 400 Meter Dash

Name	Age	Medal	Finals
1 Eklund, James	M81	Gold	1:22.33
2 Yates, Vern	M81	Silver	1:40.45
3 Rigg, Richard	M81	Bronze	2:13.14
Men 75-79			
1 Mindell, Alan	M75	Gold	1:20.85
2 Esquibel, Herman	M78	Silver	1:40.16
3 Bellier, Jean-Jacque	M75	Bronze	1:52.56
Men 70-74			
1 White, Allen	M71	Gold	1:31.46
Men 65-69			

1	Bradley, Bruce	M68	Gold	1:14.20
2	Stowell, Dennis	M68	Silver	1:36.52
Men 60-64				
1	McLawhorn, David	M62	Gold	1:04.23
2	Nelson, David	M63	Silver	1:05.46
3	Rauch, Bob	M63	Bronze	1:17.06
4	Magana, Jorge	M63		1:21.86

Event Men 400 Meter Dash

Name	Age	Medal	Finals	
Men 55-59				
1	Chen, Chris	M56	Gold	1:00.59
Men 50-54				
1	Parks, Terry	M52	Gold	57.21
2	Smith, Allen	M53	Silver	1:03.12

Event Men 800 Meter Run

Name	Age	Medal	Finals	
Men 75-79				
1	Mindell, Alan	M75	Gold	3:24.50
2	Esquibel, Herman	M78	Silver	4:29.41
Men 70-74				
1	Sweet, Thomas	M70	Gold	3:01.16
2	Karg, Don	M72	Silver	3:33.47
Men 65-69				
1	Bradley, Bruce	M68	Gold	2:57.98
2	Stowell, Dennis	M68	Silver	3:32.21

Event Men 1500 Meter Run

Name	Age	Medal	Finals	
1	Nivens, Denny	M59	Gold	5:27.50
2	Navarrete, Robert	M60	Gold	5:38.29
3	Stowell, Dennis	M68	Gold	7:22.93
4	Karg, Don	M72	Gold	7:25.10
5	Eklund, James	M81	Gold	9:00.60

Event Men 3000 Meter Run

Name	Age	Medal	Finals	
1	Anderson, Geoffrey	M68	Gold	21:25.47
2	Esquibel, Herman	M78	Gold	24:12.78

Event 19 Men 80m Hurdles

Name	Age Medal	Finals	Wind
1 Rigg, Richard	M81 Gold	23.87	NWI

Event Men 200 Hurdles

Name	Age Medal	Finals	Wind
1 Rigg, Richard	M81 Gold	58.06	NWI

Event Men 1500 Meter Race Walk

Name	Age Medal	Finals
1 Morrow, Art	M52 Gold	8:35.81
2 Lawson, Paul	M70 Gold	9:18.55
3 Wennerstrom, Stephen	M68 Gold	9:34.51
4 Papacalos, George	M56 Gold	10:20.28

Event Men Pole Vault

Name	Age Medal	Finals
Men 70-74		
1 Parry, Arthur	M70 Gold	3.35m 10-11.75
2 Werne, Roger	M73 Silver	2.29m 7-06.00
Men 60-64		
1 Burnett, Kevin	M63 Gold	3.20m 10-06.00
2 McLawhorn, David	M62 Silver	2.29m 7-06.00
Men 55-59		
1 McIntyre, Tim	M56 Gold	4.11m 13-05.75
Men 50-54		
1 Kendall, Charles	M53 Gold	3.66 12-00.00

Event Men Javelin Throw

Name	Age Medal	Finals
Men 85-89		
1 Durkin, Noel	M85 Gold	15.43m 50-07
Men 80-84		
1 Iverson, Verlyn	M81 Gold	14.73m 48-04

Men 75-79

1	Barry, Lawrence	M77	Gold	28.49m	93-06
2	Terauds, Juris	M79	Silver	28.48m	93-05
3	Johnson, Richard	M78	Bronze	14.13m	46-04
4	Bellier, Jean-Jacque	M75		12.90m	42-04

Men 70-74

1	Schneider, John	M71	Gold	32.86m	107-10
2	Pearce, Irv	M71	Silver	27.05m	88-09
3	Baker, Ken	M73	Bronze	24.70m	81-00
4	Damschen, Ron	M73		23.81m	78-01

Event Men Javelin Throw

Name	Age	Medal	Finals	
Men 65-69				
1	Tucker, David	M65	Gold	29.60m 97-01
2	Sheets, Bob	M66	Silver	21.07m 69-01
Men 60-64				
1	Pino, Armando	M63	Gold	38.24m 125-05
2	Tipping, Mike	M64	Silver	37.82m 124-01
3	Watson, Richard	M64	Bronze	34.34m 112-08
4	Sivadge, Scott	M61		31.00m 101-08
5	Cordova, Rickey	M63		14.64m 48-00
Men 55-59				
1	Shea, Michael	M56	Gold	42.25m 138-07
2	Wassner, Kevin	M59	Silver	33.15m 108-09
Men 50-54				
1	Morrow, Art	M52	Gold	19.32m 63-05

Event Men Long Jump

Name	Age	Medal	Finals	Wind		
Men 80-85						
1	Yates, Vern	M81	Gold	3.07m	NWI	10-01.00
Men 70-75						
1	Baker, Ken	M73	Gold	2.62m	NWI	8-07.25
2	Damschen, Ron	M73	Silver	2.02m	NWI	6-07.50
Men 65-69						
1	Tamaschke, John	M67	Gold	4.31m	NWI	14-01.75
2	Rose, Ed	M68	Silver	3.87m	NWI	12-08.50
3	Anderson, Geoffrey	M68	Bronze	2.69m	NWI	8-10.00

-- DeSandro, Dominic	M65		FOUL		
Men 60-64					
1 McLawhorn, David	M62	Gold	4.41m	NWI	14-05.75
1 Deitrich, Woody	M64	Gold	4.41m	NWI	14-05.75
3 Pino, Armando	M63	Bronze	3.58m	NWI	11-09.00
Men 50-54					
1 Culp, Logan	M51	Gold	4.00m	NWI	13-01.50
2 Ali, Mansoor	M53	Silver	3.82m	NWI	12-06.50
3 Morrow, Art	M52	Bronze	3.69m	NWI	12-01.25

Event Men Shot Put

Name	Age	Medal	Finals	
Men 85-89				
1 Ketels, Hank	M85	Gold	5.24m	17-02.25
Men 80-84				
1 Ginsburg, Marvin	M80	Gold	9.78m	32-01.00
2 Iverson, Verlyn	M81	Silver	9.23m	30-03.50
Men 75-79				
1 Barry, Lawrence	M77	Gold	9.23m	30-03.50
2 Johnson, Richard	M78	Silver	7.79m	25-06.75
Men 70-74				
1 Harvey, William	M71	Gold	13.72m	45-00.25
2 White, Jack	M74	Silver	10.53m	34-06.75
3 Widmer, Ronald	M74	Bronze	10.02m	32-10.50
4 MacDonald, Bruce	M71		9.42m	30-11.00
5 Baker, Ken	M73		8.85m	29-00.50
Men 65-69				
1 Malin, James	M65	Gold	11.31m	37-01.25
2 Wisslead, Bill	M68	Silver	9.65m	31-08.00
3 Tucker, David	M65	Silver	9.30m	30-06.25
4 DeSandro, Dominic	M65		7.10m	23-03.50
5 Sheets, Bob	M66		5.82m	19-01.25
Men 60-64				
1 Lloyd, Daniel	M63	Gold	13.00m	42-08.00
2 Royall Sr., Curtis	M64	Silver	11.02m	36-02.00
Men 55-59				
1 Holden, Gregory	M58	Gold	14.30m	46-11.00

Event Men High Jump

Name	Age	Medal	Finals	
Men 75-79				
1 Perry, Dave	M77	Gold	1.25m	4-01.25
Men 65-69				
1 Rader, Charlie	M68	Gold	1.50m	4-11.00
2 Little, John	M66	Silver	1.45m	4-09.00
Men 60-64				
1 Banks, Willie	M60	Gold	1.70m	5-07.00
2 Templeton, Tom	M61	Silver	1.45m	4-09.00
3 Deitrich, Woody	M64	Bronze	1.40m	4-07.00
4 Nelson, David	M63		1.30m	4-03.25
5 McLawhorn, David	M62		1.20m	3-11.25
6 Lloyd, Daniel	M63		1.05m	3-05.25

Event Men High Jump

Name	Age Medal	Finals
Men 55-59		
1 Hlavin, Peter	M58 Gold	1.70m 5-07.00
2 McIntyre, Tim	M56 Silver	1.50m 4-11.00
Men 50-54		
1 Parks, Terry	M52 Gold	1.70m 5-07.00
2 Forte, Jonathan	M51 Silver	1.50m 4-11.00

Event Men Discus Throw

Name	Age Medal	Finals
Men 85-89		
1 Reed, Ian	M89 Gold	29.36m 96-04
2 Ketels, Hank	M85 Silver	13.41m 44-00
Men 80-84		
1 Ginsburg, Marvin	M80 Gold	21.83m 71-07
Men 75-79		
1 Barry, Lawrence	M77 Gold	27.67m 90-09
2 Johnson, Richard	M78 Silver	21.86m 71-09
Men 70-74		
1 Harvey, William	M71 Gold	40.09m 131-06
2 Schneider, John	M71 Silver	31.24m 102-06
3 Pearce, Irv	M71 Bronze	30.23m 99-02
4 Baker, Ken	M73	26.08m 85-07
Men 65-69		
1 Tucker, David	M65 Gold	24.62m 80-09
2 Sheets, Bob	M66 Silver	22.63m 74-03
3 DeSandro, Dominic	M65 Bronze	20.55m 67-05
-- Malin, James	M65	ND
Men 60-64		
1 Fruguglietti, Ralph	M61 Gold	58.27m 191-02
2 Brown, Jeff	M60 Silver	47.54m 156-00
3 Davis, Ed	M64 Silver	37.05m 121-07
4 Lloyd, Daniel	M63	34.75m 114-00
5 Tipping, Mike	M64	32.70m 107-03
6 Watson, Richard	M64	30.13m 98-10
Men 55-59		
1 Holden, Gregory	M58 Gold	39.71m 130-03

Event Men Triple Jump

Name	Age Medal	Finals	Wind
Men 75-79			
-- Bellier, Jean-Jacque	M75	FOUL	
Men 70-74			
1 Damschen, Ron	M73 Gold	5.12m	NWI 16-09.75
Men 65-69			
1 Rose, Ed	M68 Gold	7.78m	NWI 25-06.25
Men 60-64			
1 McLawhorn, David	M62 Gold	8.88m	NWI 29-01.75
2 Pittman, Patrick	M64 Silver	7.84m	NWI 25-08.75

Event Men Hammer Throw

Name	Age Medal	Finals	Wind
Men 85-89			
1 Ketels, Hank	M85 Gold	13.86m	45-06
Men 75-79			
1 Johnson, Richard	M78 Gold	19.27m	63-03
Men 70-74			
1 Widmer, Ronald	M74 Gold	17.57m	57-08
Men 65-69			
1 Meyer, Thomas	M65 Gold	39.38m	129-02
2 Wisslead, Bill	M68 Silver	25.70m	84-04
3 Sheets, Bob	M66 Bronze	20.98m	68-10
Men 60-64			
1 Watson, Richard	M64 Gold	37.56m	123-03
2 McLawhorn, David	M62 Silver	20.82m	68-04
Men 50-54			
1 Song, Kyong	M54 Gold	47.66m	156-04